

Remembering the Unremembered: Analysis of *Innale* Through the Lens of Trauma Theory

Ms. Aamiya Sunil

I M. A. English, P G Department of English,

St. Paul's College, Kalamaserry.

ABSTRACT

Memory stands as a bridge between the past and the future self, thereby creating a continuity of self-identity. It stands as a strong foundation for understanding who we are. Memory is very much needed to persist in our life and move forward. When memory is disrupted, it creates a sense of uncertainty, vulnerability, and fragmentation of self-identity. Trauma theory examines these ruptures between experience and understanding, then explores the incidents that caused these. These reflect through silence, emotional disorientation, and affect the unconscious aspect of the mind. The Malayalam film *Innale*, directed by P. Padmarajan, exhibits a subtle representation of trauma, and shows the internal disruption it causes. This paper examines how trauma is portrayed in a subtler way, rather than through any violent actions. This paper presents how the film uses more nuanced and subtler film narrative to show a complex psychological theme, through clear and minimalistic story telling.

Keywords: Emotional rupture, Trauma theory, Film narrative, Memory loss, Emotional disorientation.
